

## NEWS RELEASE

### FOR IMMEDIATE RELEASE

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### **Maple Knoll Village Receives Funding for Aromatherapy Program**

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The Rollin M. Gerstacker Foundation has just brought Maple Knoll Village \$2,500 closer to implementing an aromatherapy program at its facility. The program aims to help lessen agitation of residents with dementia and Alzheimer's.

Studies show that 61% of people with dementia and Alzheimer's Disease develop significant behavioral disorders and agitation, and 24% show signs of aggression. When these individuals are hospitalized the percentages increase. But aromatherapy oils may be the answer. When used with people who have Alzheimer's and Dementia, they're shown to have a positive effect on mood, behavior, and cognitive functioning as well as reduce agitation, aggression, stress, aches and pains.

The plan behind the aromatherapy program that Maple Knoll Village hopes to implement includes hiring a gerontologist consultant who specializes in Aromatherapy to lead the program and train staff members to customize blends of oil for each individual based on needs. Oils would be placed on objects within patients' rooms and oil diffusers would be placed in common areas. The total cost of the program is \$10,000. Thanks to the Rollin M. Gerstacker Foundation, Maple Knoll Village is a little closer to covering the cost.

Maple Knoll Communities is a non-profit home providing services including residential accommodations, assisted living, rehabilitation and skilled nursing care. As a nationally recognized leader in the care and support of older adults since 1848, Maple Knoll Communities, Inc. has offered innovative, holistic residential and community-based programs that improve the quality of life and respond to individuals' changing needs as they age.

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